



*"Where Gifts Grow Into Purpose"*

## A4TH SPRING 2015 CLASS SCHEDULE

**WINTER BLAST OPEN HOUSE: JANUARY 10TH 10:00AM - 1:00PM**

**CLASSES START JAN 17<sup>TH</sup>**

RED BANK PROGRAM: PILGRIM BAPTIST CHURCH 172 Shrewsbury Avenue Red Bank, NJ 07701

CLASS	DAY	TIME
<b>Children / Youth</b>		
Preschool Praisers (Pre-dance liturgical) ages: 4-5	Saturday 5 week sessions Session 1 1/17 - 2/14, *Session 2 2/28- 3/28 *Session 3 4/18- 5/16	9:30am - 10:15am
Youth Liturgical Dance I ages: 6-8	Saturday	10:15am - 11:15am
Youth Liturgical Dance II ages: 8-11	Saturday	11:30am - 12:45pm
<b>Teens / Adults</b>		
Youth Liturgical Dance III ages: 12-16	Saturday	12:45pm - 2:00pm
Adult Liturgical Dance Intro ages 17- 99	Saturday 5 week sessions *1/17 - 2/14, *2/28- 3/28 & *4/18- 5/16	12:45pm - 2:00pm
<b>Specialty Programs</b> (these programs are offered in *5, *10 or *12 week sessions)		
CreationMoves™ (Youth)	Saturday *10 week session	Times Vary (check website for schedule)
DigiMusicCreate (Teens)	Saturday *10 week session	Times Vary (check website for schedule)
Faith Fitness (Youth & Adults)	Saturday *5 week sessions	Times Vary (check website for schedule)
Introduction to Worship Tools (Youth & Adults)	Saturday *5 week sessions	Times Vary (check website for schedule)
Dancing In Victory	Monthly	Times Vary (check website for schedule)

**Arts for the Heart Academy of Dance & Creative Worship Arts**

Register Online or Call Us Today

INFO@ARTS4DHEART.COM | WWW.ARTS4DHEART.COM | (732) 784 -3138

• All classes are subject to cancellation due to low enrollment.  
• No admittance permitted 15 minutes after class has started.



## A4TH SPRING 2015 CLASS DESCRIPTIONS

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**RED BANK PROGRAM: Pilgrim Baptist Church 172 Shrewsbury Avenue Red Bank, NJ 07701**

### **Preschool Praisers**

**4-5yr olds**

**5-week sessions**

**(Pre-dance liturgical)**

In this 45-minute introduction to rhythm and movement, children receive pre-dance liturgical concepts and biblical instruction in relation to how to use their bodies expressively in dance in praise to the Lord. Students will learn how to participate in a classroom setting, early learning concepts and engage in fun, exciting movement and dance exercises.

### **CreationMoves™**

**6-9yr olds**

**10-week session**

This somatic movement and arts education program helps youth through dance, movement, and visual arts, connect to the wonders of the world, build communication skills, grow and develop positive character traits that will allow them to use their creativity to impact the world around them.

### **Youth Liturgical Dance I/II/III**

**I(6-8) II(8-11) III(12-16)**

**16 weeks**

### **Adult Intro Liturgical**

**17- Adults**

**5-week sessions**

This worship dance program teaches strong biblical foundation of the use of dance in worship to the Lord includes a combination of ballet, modern, and lyrical technique with posture, alignment and warm up exercises. Students learn What's the Word on dance, liturgy of the lyrics, and how the first step of the dance starts in heart of the dancer.

### **Introduction to Worship Tools**

**10-Adults**

**5-week sessions**

This class will instruct on the biblical foundations and use of various worship tools: Flags, streamers, tambourines, and more. Requirement: Each student will need to purchase workbook and worship tool.

### **Digi MusiCreate**

**13+**

**10-week sessions**

Music and Media are a big part of the way kids learn about life & faith. This music program for teens teaches them the basic fundamentals of creating digital music. Students learn how to use their computers to: compose, arrange record, edit, mix, and master professional quality music.

### **Faith Fitness**

**Open**

**5-week sessions**

A dance fitness class that is energetic and empowering for the body and Spirit. This class combines zumba and plyoga exercises to get youth and adults moving, active and healthy so they can be fit for all that God has called them to do.

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